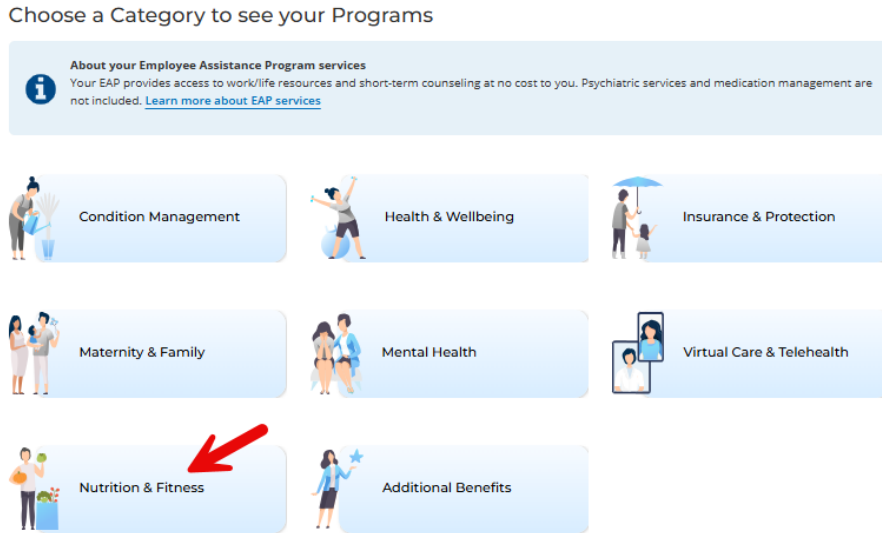


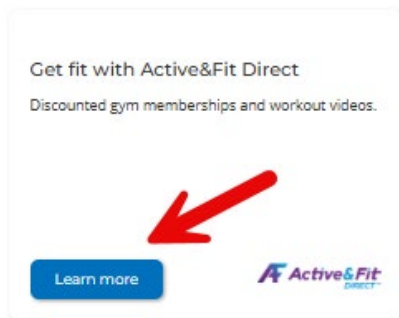
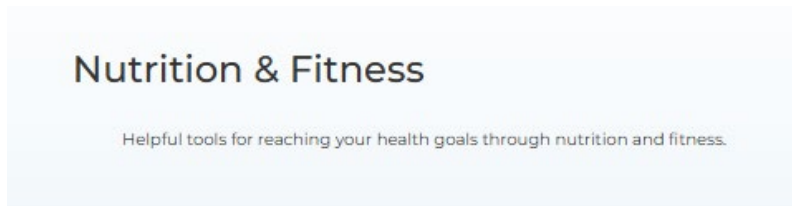
Active&Fit Direct Gym Discount Registration Instructions

Log into your Acadia myCigna.com account.

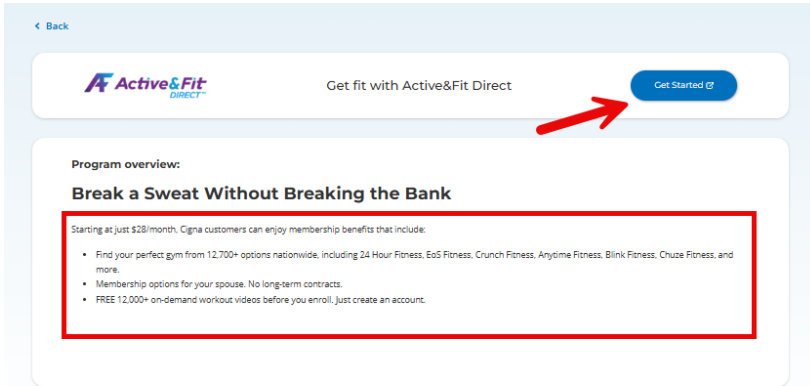
From the “Perks & Programs” option on the myCigna.com website, select “Nutrition & Fitness” category



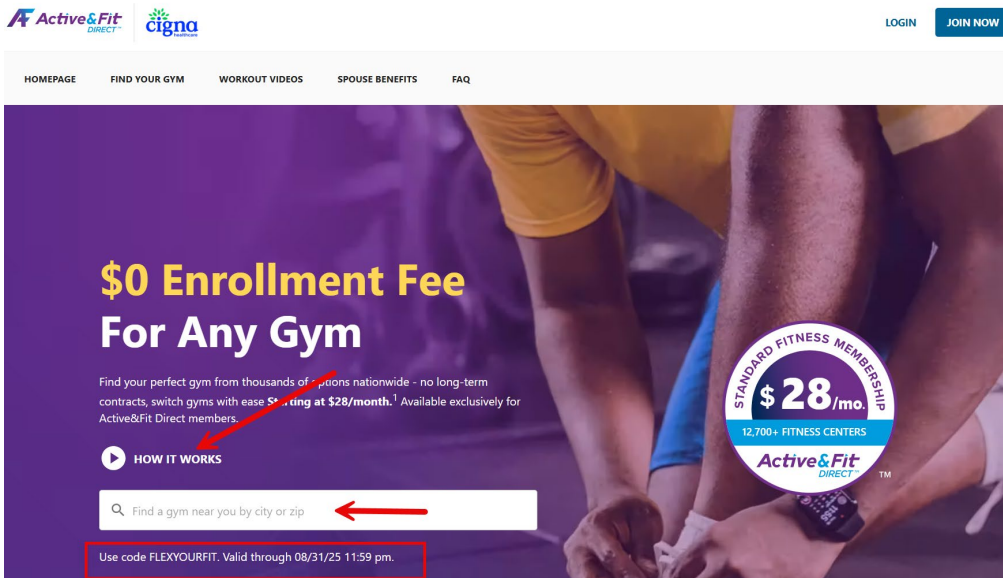
Click on the blue “Learn More” button next to the Active&Fit logo to find more information about the program



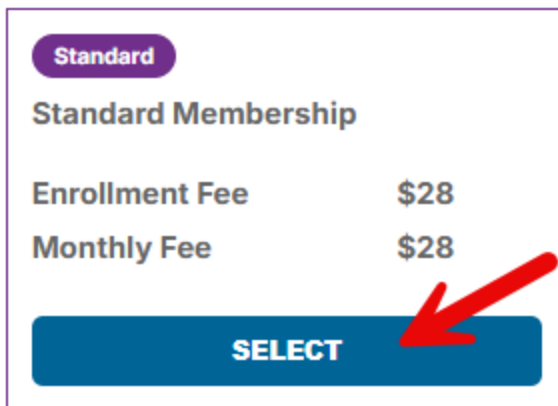
Click on the blue "Get Started" button



Enter your zip code to find out which gyms and studios participate in your area (take note of the discount code found below the zip code entry prompt)



- Click on the “Standard” radial button to view the gyms that participate in the program at \$28/month + tax
- Click on the “Premium” radial button to view the premium network of facilities and studios that participate with a 20-70% discount
- If you find a gym/studio that you want to join, click on the “Select” button below the fee information



- Create your Active&Fit account
- Enter your credit card information
- Print your enrollment receipt and take with you to the gym/studio